



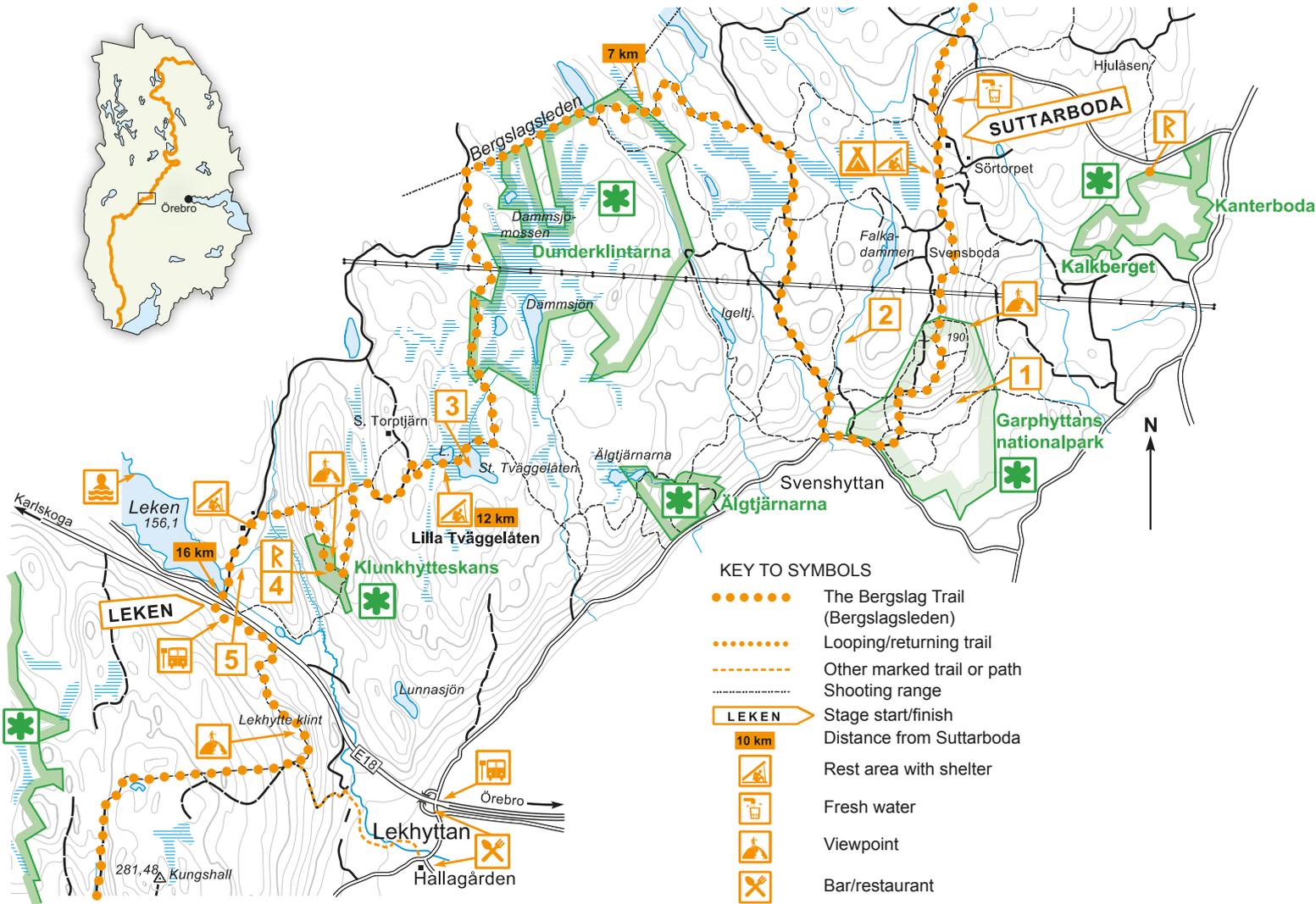
Bergslagsleden

STAGE

11



Suttarboda – Leken 16 km



KEY TO SYMBOLS

- The Bergslag Trail (Bergslagsleden)
- Looping/returning trail
- Other marked trail or path
- Shooting range
- Stage start/finish
- Rest area with shelter
- Fresh water
- Viewpoint
- Bar/restaurant
- Nature reserve
- Ruins/Relics

0 1 km 2 km 3 km
SCALE 1:50 000

www.bergslagsleden.se

The of Sweden®



Suttarboda Checkpoint

The lush landscape around Suttarboda is kept in check with the help of grazing livestock. The rest area has a shelter, fire ring, dry toilet and open spaces for those who want to pitch a tent. You can replenish your drinking water at the barn about 300 m north of the rest area. Take your rubbish with you when you leave the rest area.

Leken Checkpoint

There are good parking facilities and nearby bus service where the trail leaves northern Kilsbergen at Leken. There is a swimming

area at Leken Lake about 1 km from the checkpoint. Bus service and parking are available south of the checkpoint at Lekhyttan. Lekhyttans Kök & Kiosk offers a café and restaurant. Picnic lunches are available for walkers on the Bergslagsleden Trail, see www.lekhyttans.se. There is a café and a small zoo at Hallagården, where you can also rent rooms and cabins. B&B. www.hallagården.nu

Lilla Tväggelåten Rest Area

At Lilla Tväggelåten, about 3 km north of Leken, there is a rest area with shelter, fire

ring and toilet. There is no drinking water at the rest area, but water in the forest lake is so clean that it can be used for cooking after it is boiled. To assist the management association, we urge you to take your rubbish with you when you leave the rest area.

Walk time

The walk time is based on an average speed of about 3.5 km/hour. This allows time for rest stops. Stage 17, Tivedstorp – Stenkällgården, takes about 6 hours.

What to See along the Way

1. Garphyttan National Park

Garphyttan was among the nine national parks that the Swedish Riksdag established in 1909.

The 267-acre park consists of the meadows, hayfields and other land of the Östra mining estate in Svenshyttan.

The Bergslag Trail enters the park through the highest mountain prospectlookout and proceeds across the estate property. To reach the loveliest part of the park – the old fields of wildflowers – you have to leave the trail where it crosses the former road and continue down about 400 meters.

2. Svenshyttebäcken

Approximately 300 meters past the national park, the trail crosses Svenshyttebäcken brook, which once powered smelting and timber houses. Upstream is a dam to provide household water. The artificial lake is called Falkadammen.

3. Tväggelåten

The trail passes between two small lakes, Stora Tväggelåten and Lilla Tväggelåten, located in a pine peat bog in a virgin forest. Some of the pines are very old, though not very particularly thick.

The peat grows well and was harvested for household use north of Stora Tväggelåten. Some 600-700 meters south of Lilla Tväggelåten, a marked path leads to the recreation area at Klunkhyttan.



Hallagården.

4. Klunkhytteskans

A few kilometers before the goal in Leken, the trail runs into castle-like ruins at Klunkhytteskans. A 50-meter looping path leads from the trail to the ruins, where you have a view of Lake Leken and Mt. Kilsbergen.

Iron Age farmers built these castles as refuges and sanctuaries for villagers or other groups of people. Most of the ruins date back to the 5th and 6th centuries CE.

The area was partially protected by a steep mountainside, as well as by walls of stone built up on the other sides. You can still see remnants of the walls. On the way down the mountain, the trail passes ruins of yet another defense ring. A marked trail goes from Klunkhytteskans to the recreation area at Klunkhyttan.

5. Smelting foreman's office

The foreman had his offices in the low, peat-covered buildings, conveniently located next to the dam just south of Klunkhyttan. A local community organization has renovated the buildings, which are now a museum.



Suttarboda.

Important to know

- Make fires only where designated fire rings/circles are present.
- Make sure that your fire is completely out before you continue hiking.
- Refrain from starting fires during the dry periods of summer when risk of forest fire is high.
- Do not break off limbs or branches from living trees.
- You may pitch tents along the trail, but preferably near the rest areas and not more than one night in the same place.
- Do not stray from the trail when near built-up areas, cultivated fields or planted forests.
- Do not litter.
- If hiking with a dog, be aware that you must always have the dog on a lead/leash in the forests/fields during the period from March 1 - August 20.
- So as to avoid conflicting with moose hunting season, you shouldn't use the trail during the most intensive hunting period - the second week in October and several weeks forward.

Facts about the Bergslag Trail

The Bergslag Trail (Bergslagsleden) is a 280 km hiking trail traversing all of Örebro county. It is divided into 17 stages. Region Örebro län is responsible for the trail. The Bergslag Trail is identified by orange markings on trees or posts. At road crossings or branches in the trail, directional arrows with the Bergslag Trail's symbol are used.

Bus Connections

The closest you can get to Suttarboda by bus is Garphyttan (about 3 km away). There is daily service to Leken/Lekhyttan on the Örebro – Karlskoga bus line. For other bus connections, see www.lanstrafiken.se. Bus stops are listed

under "sök resa" (search trip) and "detaljerad resa" (detailed trip). Transit information +46 (0)771-22 40 00.

For more information

Örebrokompaniet +46 (0)19 - 21 21 21 or info@orebrokompaniet.se. Lekeberg tourist information +46 (0)585-487 00, www.lekeberg.se
Nature reserve information:
www.lansstyrelsen.se/orebro/naturreservat

Outdoor life website and app

All the information you need before walking the trail is available at www.bergslagsleden.se. Accommodation, airport transports, equipment, trail stage info sheets, activities and

sights. There is also an interactive web map on the site.

Bergslagsleden (The Bergslag Trail also has its own app that you can download to your iPhone or Android phone. Search for "Bergslagsled". The app has a sat-nav function shows your position when you are out walking the trail. All information about outdoor life in the Örebro Region is gathered in one place at www.regionorebrolan.se/turism-friluftsliv. You will find lots to read about the Bergslagsleden, canoe trails, fishing, bicycling and more.